



Dear Parents, Guardians, and Student Athletes,

Welcome to the ULCS Eagles sports season. As always, we are very proud to send our student athletes out into the community to represent our school in the athletic arena. Any Student who plans to participate in a sport must meet these requirements for EACH sport, EACH season.

1. Physical Exams:

All Students must have a valid physical on file at the school in order to participate in our athletic program. To be valid, the physical exam must have been done in the 12 months immediately prior to the start of the sports season.

It must include a statement that your child is qualified to participate in sports.

2. Interval Health Assessment:

The Interval Health Assessment **MUST** be completed & signed by a **parent or guardian** for all students. **This form is in addition to your medical doctor's physical exam for the year.**

3. Medications:

The Health Office must have a written doctor's order for any medication that is needed. This includes an inhaler or Epi pen. **Also, please make sure that he/she brings that medication to ALL practices and competitions and has a written physician's order to "self carry" to administer the medication.**

4. Immunizations:

New York State requires all student athletes to be up to date with the **NYS Immunization Schedule.**

5. Upton Lake Christian School Athletic Handbook:

Signature indicates both Student Athletes and Parents have read and reviewed the guidelines defined in our handbook.

6. Administrative Approval:

Administrative approval of all students in accordance with the Upton Lake Christian School Student Handbook regarding academic eligibility.

7. Concussion Awareness: Both parent and player please read, sign and return the second page.

After meeting all of these requirements, all information will be reviewed by Administration and nurse before a student athlete is given approval to participate.

Required paperwork is due BEFORE the first practice.

Athletic Fees:

League fees need to be paid in advance of the season to participate.

Student fee \$110.00 (family max \$200/season) Exception for Flag Football (\$30.00 per student)

Homeschooler fee \$125.00 (family max \$200/season)

Transportation:

Signature denotes permission for your children to be driven to away games by volunteer drivers.

Volunteers are always adults. We will not allow students to ride with other students to away games.

Any questions or concerns can be directed to Andrew Powers Director of Athletics.

Student's Name _____ Grade _____

DOB _____ Student's Phone # _____

Parent/Guardian name _____ Phone # _____

Email address _____

Emergency contact _____ Phone # _____

Emergency contact _____ Phone # _____

Student League Fee \$ _____ Homeschool Fee \$ _____

Signature below indicates permission to participate in the ULCS Athletic Program, permission for transportation by volunteer drivers, and acknowledgement that the ULCS Athletic Handbook has been read and reviewed.

Parent/Guardian Signature: _____

Student Signature: _____

Administrative Signature: _____

Health Office Signature: _____

(In receipt of required paperwork)

For Office Checklist:

Permission/Payment_____

IHH _____

Concussion _____